

????? WorkBuddy ?????

?????WorkBuddy ???MCP ???????
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- ????????
- ???????

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- Skills ????
- ?????
- MCP ?????
- ?????SOUL/IDENTITY/USER?
- ?????MEMORY.md + ???
- ?????

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?????WorkBuddy ?????????????????????????????????????????? ~/.workbuddy/ ?????Windows ???
C:\Users\?????\?.workbuddy\??????????
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????????? ~/.workbuddy/ ??? C:\Users\?????\workbuddy\??

□□ / □□	□□	□□□
skills/	?????????Skill?	□□□
workbuddy.db	SQLite ??????????????????	□□□
mcp.json	MCP ??? / ?????	□□□
SOUL.md	AI ??????????????	□□□
IDENTITY.md	AI ????????	□□□
USER.md	???????????????	□□□
MEMORY.md	???????????????	□□□
experts/	?????????	□□□
teams/	?????????	□□□
argv.json	?????????	□□□

???????????? {?????}/.workbuddy/memory/????? + ?????? ~/.workbuddy/
???????????????????????? Git ??????????????????????

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? ~/.workbuddy/ ?????????????????????? WorkBuddy ??????????????????????

? 1 ? · ???????????? .workbuddy ?????????????????? OneDrive?

C:\Users\?????\workbuddy\ ? C:\Users\?????\OneDrive\WorkBuddy??\workbuddy\

? 2 ? · ?????????????????? PowerShell????????????????????

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mklink /D "C:\Users\?????\workbuddy" "C:\Users\?????\OneDrive\WorkBuddy??\workbuddy"
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[illegible]

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 ????????????????? + ?????????????????

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????GitHub ??????????????????

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? ~/.workbuddy/ ???? Git ?????? GitHub ?????????????????????????????????
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? 1 ? · ????????????

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cd ~/.workbuddy
git init
git add .
git commit -m "?? WorkBuddy ??"
git remote add origin https://github.com/?????/workbuddy-backup.git
git push -u origin main
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? 2 ? · ?????????

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? ? ? · ??????????????????git add . && git commit && git push ?????????? git pull
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???workbuddy.db ??????Git ?????????????????? diff????????????????

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workbuddy.db Git diff

????U? / ?????????????????????

???????????????? Git????????????

? 1 ????????? WorkBuddy????????????

? 2 ?????? **.workbuddy** ??? U?????

? 3 ??????????????????

? 4 ????????? WorkBuddy???????????

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? Skills ?????????? . ?? . ????? ??????????????

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? MCP ???

? ????????????? AI???????????? AI ??????

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? 1????? workbuddy.db ????????

workbuddy.db ?????????????????? Windows ?????????? Administrator????? zhangsan

[illegible]

????????????????????——? automation update ?????? JSON ????????????????

? 2?MCP ?????????

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????? mcp.json?????????????????GitHub      ?????? token

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??Trust / ????

? 3????????????

~/.workbuddy/ {????}/.workbuddy/memory/????? Git
????? Git ??????

? 4????????????

WorkBuddy 2026-07-28 (1).md
Git ??????Git ??????

? 5????????????

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? 1 ? · ????~/.workbuddy/? ? + ??????

? 2 ? · ????{??}/.workbuddy/memory/? ? Git ??????

? 3 ? · ???? ? ?????? workbuddy.db???? automation_update ?????? JSON
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WorkBuddy ??????

• ?????? + ? ? ?

• ?????? + ? + MCP + ? + ? ? ?

• ?????? ?

????? + ??????Git ?????? JSON ??????

Revision #1

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